Route of referral

Referral forms are available from the Day Unit Secretary on 01332 783018.

We accept referrals from:
- Community Macmillan Nurses
- Hospital Palliative Care Team
- General Practitioners
- District Nurses
- Clinical Nurse Specialists

Referrals will be discussed by the multi disciplinary team.

Patient care will be reviewed regularly and if appropriate discharge will be discussed.

Nightingale Macmillan Day Unit
Entrance 23, Level 1
Royal Derby Hospital
Uttoxeter Road
Derby
DE22 3NE

Telephone:
Nursing Team: 01332 786041
Day Unit Secretary: 01332 783018

The Nightingale
Macmillan Day Unit

www.uhdb.nhs.uk
The Nightingale Macmillan Day Unit

The Nightingale Macmillan Day Unit is a purpose built unit offering specialist palliative day care to patients living with a cancer diagnosis, neurological illness or those coping with a range of other progressive diseases.

Our aim is to enhance the quality of life of our patients. We provide physical, psychological, social and spiritual care in a relaxed environment, allowing patients to remain in their own home as long as possible.

The service is led by a multi professional team, supported by a health care team and volunteers.

Whilst attending the Day Unit, patient care remains under the care of the GP, with whom we liaise if necessary.

Transport is provided by volunteer driver or ambulance transport.

Day Unit Services

- Assessment by a qualified nurse to discuss individual palliative needs
- Outpatient clinic appointment with specialist palliative care doctor, and further referrals if required
- Access to Occupational Therapy Services which include reminiscence and relaxation groups
- Access to Physiotherapy Services which include group exercises and Tai Chi
- A varied programme of interesting and engaging activities with the creative worker

- Complementary therapy
- Dietary advice from the dietitian
- Liaison with the Chaplaincy Service
- Referrals to Clinical Psychology